

Talk About It:

- Have you ever wanted to talk to someone, but you were not able to? How did that feel?
 - When you need something, is it hard to ask someone for help? Is it harder to ask a teacher for what you need than maybe the grown-ups you live with?
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Read About It:

One day, Jesus was teaching a large crowd of people who had gathered on a mountain. He taught a lot of things that day, and he taught the people how to pray by giving them an example to follow. Read about it in Matthew 6:7-13:

When you pray, do not keep talking on and on. That is what ungodly people do. They think they will be heard because they talk a lot. Do not be like them. Your Father knows what you need even before you ask him.

This is how you should pray.

'Our Father in heaven,
may your name be honored.
May your kingdom come.
May what you want to happen be done
on earth as it is done in heaven.
Give us today our daily bread.
And forgive us our sins,
just as we also have forgiven those who sin against us.
Keep us from sinning when we are tempted.
Save us from the evil one.'

- Why do you think Jesus wanted his disciples to pray this prayer?
 - This prayer is often called The Lord's Prayer. Why do you think it is called that?
 - Jesus said we don't need to say a lot of words in our prayers. Why do you think we can tell God what we need without talking on and on?
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Sing About It:

Jesus said that God knows what you need before you even ask. But God still wants to hear from you! God loves you, and God is listening to your prayers. Sing about it with this great song on YouTube:

[God is Listening](#) (Lifetree Kids, Pets Unleashed VBS Music Video, Group Publishing)

Think About It:

- How do you think God knows what you need, even before you ask?
 - This prayer teaches us to ask God for our daily bread. Do you think Jesus meant for us to only ask for bread to eat? What do you think he meant?
 - In this prayer, we ask God to forgive us, just as we forgive those who sin against, or hurt us. Why do you think forgiveness is part of this special prayer?
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Make It:

Supplies: index cards, hole punch, loose-leaf binder ring or yarn, markers or colored pencils

Jesus taught us how to pray and wants us to know that God is always listening. Make a set of prayer cards to help you remember the people or things you want to pray about.

On one index card write, “My Prayers” and decorate the card however you’d like. This will be the cover for your card set. On each of the remaining index cards, write or draw the things or people you want to remember to pray for. Punch a hole in the top corner of your cards and join them together with the binder ring or yarn. Keep your cards handy so you can pray for yourself and others each day. See an example on the next page.

Do It:

Jesus’ prayer in Matthew 6, or The Lord’s Prayer, is prayed by God’s people everywhere. Many times, it is prayed out loud together. Spend some time this week memorizing the Lord’s Prayer. The way this prayer is prayed together in church is a little different than how you read it in the “Read It” section. You’ll find the words to memorize on the next page.

Here are some tips to help you with memorization:

- Make flashcards with a few lines of the prayer on each card. Shuffle them up, then try to put them back in order.
 - Learn a few lines of the prayer and recite them over and over for a day or two. Then learn the next few lines and recite those for a few days. Keep adding them together until you remember all the words.
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Pray About It:

Use your prayer cards to pray today, then read or say The Lord’s Prayer.

Memorize It:

This week, work on memorizing The Lord’s Prayer, printed on the next page.

The Lord's Prayer
[from Matthew 6:9-13]

Our Father, who art in heaven

Hallowed be thy name

Thy kingdom come,

Thy will be done, on earth as it is in heaven

Give us this day our daily bread

And forgive us our debts, as we forgive our debtors*

Lead us not into temptation, but deliver us from evil

For thine is the kingdom, the power, and the glory forever.

Amen

* "debts" and "debtors" is another way to say "sins," and "those who have sinned against us"

Example of Prayer Cards:

