

Talk About It:

- What is the craziest thing you've ever seen? Did you tell anyone about it? Did they believe you?
 - What is one question you have about Jesus?
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Read About It:

Jesus' friends had just heard the best news ever – Jesus was alive! After they had watched Jesus die on the cross and be buried in a tomb, the disciples were amazed when Jesus appeared to them after God raised him from the dead. But Thomas, one of Jesus' disciples, was not there when the others saw him. So when the others told Thomas they had seen Jesus alive again, Thomas had a lot of questions.

Read this story from John 20:24-29 (New International Readers Version):

One of the twelve disciples, Thomas (nicknamed the Twin), was not with the others when Jesus came. They told him, "We have seen the Lord!"

But he replied, "I won't believe it unless I see the nail wounds in his hands, put my fingers into them, and place my hand into the wound in his side."

Eight days later the disciples were together again, and this time Thomas was with them. The doors were locked; but suddenly, as before, Jesus was standing among them. "Peace be with you," he said. Then he said to Thomas, "Put your finger here, and look at my hands. Put your hand into the wound in my side. Don't be faithless any longer. Believe!"

"My Lord and my God!" Thomas exclaimed.

Then Jesus told him, "You believe because you have seen me. Blessed are those who believe without seeing me."

- Why did Thomas want to see and touch Jesus?
 - How did Jesus respond to Thomas' need for proof? Do you think Jesus was upset with Thomas for having questions?
 - How would you have felt if you were in the room when Jesus appeared?
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Sing About It:

We can have faith in Jesus as we trust that Jesus is who he says he is. Sing about your faith in Jesus with this song on YouTube:

[Faith](#) (Lifetree Kids, Everest VBS Music Video, Group Publishing)

Think About It:

- Thomas had to see with his eyes to believe, but Jesus wanted him to have faith and believe in his heart, even without seeing. We can't see or touch Jesus now, but we can believe with our hearts.
 - How can you believe in Jesus without seeing him?
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Make It:

On a sheet of construction paper, place your hands with your fingers spread apart and your thumbs touching. Trace around each hand (or have a grown-up help you).

Cut out your handprints, being careful to keep them connected where the thumbs are touching (see photo). Draw a heart in the middle of each hand, to represent the scars in Jesus' hands.



Cut out a strip of construction paper and write today's verse on it. Then glue it across the bottom of your cut-out handprints.

"Blessed are those who have not seen, and yet believe." John 20:29

Do It:

When Thomas realized it really was Jesus standing right in front of him, he worshiped him by saying, "My Lord and my God!" Here are some ways you can worship Jesus this week:

- Make a list of all the things you believe about Jesus. Read your list to Jesus as a prayer.
 - Pay attention to how Jesus is at work in the world around you. We call these "God Sightings." Thank Jesus for the ways he is working all around you.
 - Create a dance to the song "[Faith](#)" and worship Jesus while you dance.
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Pray About It:

Ask Jesus to help you believe when you have questions. Tell your questions to God and ask God for faith to believe, even when you don't have all the answers.

Memorize It:

Blessed are those who have not seen, and yet believe. John 20:29